Monmouth County Office of Public Health
3000 Kozloski Rd.
Freehold, NJ 07728
(732) 431-7456

RETAIL FOOD INSPECTION REPORT

Activity Type	Evaluation
Initial	Satisfactory

[redacted]	Trade Name	Reinspection on or After:
	Nutrition Kitchen	

Establishment Location (Street Address)	City	Zip Code	County	Co/Mun Code
32 Church St	Keansburg	07734	Monmouth	

[redacted]

Name of Inspecting Official	REHS Lic. #	Name of Health Officer	Risk Type	License No.
Zarin Hussain	B-177782	Enrico Cabredo	3	

TIME/ACTIVITY REPORT *(Codes: 1-Travel, 2-Inspection, 3-Administration)*

Date	Code	Began	Ended	Date	Code	Began	Ended	Date	Code	Began	Ended
10/16/2026											

FOODBORNE ILLNESS RISK FACTORS AND INTERVENTIONS

RISK FACTORS are improper practices identified as the most common factors resulting in foodborne illness (FBI). **INTERVENTIONS** are control measures to prevent FBI

Mark "X" in appropriate Box: IN=In Compliance; OUT=Not in Compliance; NO=Not Observed; NA=Not Applicable; COS=Corrected On-site. R in OUT Box=Repeat Violation.

	MANAGEMENT AND PERSONNEL	IN	OUT	N.O.	N/A	COS
1	PIC demonstrates knowledge of food safety principles pertaining to this operation.	☑	☐	-----	-----	-----
2	PIC in Risk Level 3 Retail Food Establishments is certified by *January 2, 2010.*	☑	☐	-----	☐	-----
3	Ill or injured foodworkers restricted or excluded as required.	☐	☐	☑	-----	☐
	PREVENTING CONTAMINATION FROM HANDS	**IN**	**OUT**	**N.O.**	**N/A**	**COS**
4	Handwashing conducted in a timely manner; prior to work, after using restroom, etc.	☐	☐	☑	☐	☐
5	Handwashing proper; duration at least 20 seconds with at least 10 seconds of vigorous lathering.	☐	☐	☑	-----	☐
6	Handwashing facilities provided in toilet rooms and prep areas; convenient, accessible, unobstructed.	☑	☐	-----	-----	☐
7	Handwashing facilities provided with warm water; soap and acceptable hand-drying method.	☑	☐	-----	-----	☐
8	Direct bare hand contact with exposed, ready-to-eat foods is avoided.	☑	☐	☐	☐	☐
	FOOD SOURCE	**IN**	**OUT**	**N.O.**	**N/A**	**COS**
9	All foods, including ice and water, from approved sources; with proper records	☑	☐	-----	-----	☐
10	Shellfish/Seafood record keeping procedures; storage; proper handling; parasite destruction	☐	☐	☐	☑	☐
11	PHFs received at 41°F or below. *Except: milk, shell eggs and shellfish (45°F)*	☐	☐	☑	☐	☐
	FOOD PROTECTED FROM CONTAMINATION	**IN**	**OUT**	**N.O.**	**N/A**	**COS**
12	Proper separation of raw meats and raw eggs from ready-to-eat foods provided	☑	☐	-----	☐	☐
13	Food protected from contamination	☑	☐	-----	-----	☐
14	Food contact surfaces properly cleaned and sanitized	☑	☐	☐	☐	☐
	PHFs TIME/TEMPERATURE CONTROLS	**IN**	**OUT**	**N.O.**	**N/A**	**COS**
15	**SAFE COOKING TEMPERATURES** (Internal temperatures for raw animal foods for 15 seconds) *Except: Foods may be served raw or* undercooked in response to a consumer order and for immediate service. **130°F** *for 112 minutes*: Roasts or as per cooking chart found under 3.4(a)2; **145°F**: Fish, Meat, Pork; **155°F**: Ground Meat/Fish; Injected Meats; or Pooled Shell Eggs; **165°F**: Poultry; Stuffed fish/meat/or pasta; Stuffing containing fish/meat.	☐	☐	☑	☐	☐
16	**PASTEURIZED EGGS**: substituted for shell eggs in raw or undercooked egg-containing foods, i.e. Caesar salad dressing, hollandaise sauce, tiramisu, chocolate mousse, meringue, etc.	☐	☐	☐	☑	☐
17	**COLD HOLDING**: PHFs maintained at "Refrigeration Temperatures" (41°F)	☑	☐	☐	☐	☐
18	**COOLING**: PHFs rapidly cooled from 135°F to 41°F within 6 hours and from 135°F to 70°F within 2 hours.	☐	☐	☑	☐	☐
19	**COOLING**: PHFs prepared from ingredients at ambient temperature cooled to 41°F within 4 hours.	☐	☐	☑	☐	☐
20	**REHEATING**: PHFs rapidly reheated (within 2 hours) in proper facilities to at least 165°F; or commercially processed PHFs heated to at least 135°F prior to hot holding.	☐	☐	☑	☐	☐
21	**HOT HOLDING**: PHFs Hot Held at 135°F or above in appropriate equipment.	☐	☐	☐	☑	☐
22	**TIME as a PUBLIC HEALTH CONTROL**: Approval; written procedures; time marked; discarded in 4 hours.	☐	☐	☐	☑	☐
23	**SPECIALIZED PROCESSING METHODS**: Approval; written procedures; conducted properly.	☐	☐	☐	☑	☐
24	**HIGHLY SUSCEPTIBLE POPULATIONS**: Pasteurized foods used; prohibited foods not offered.	☐	☐	-----	☑	☐

RETAIL FOOD INSPECTION REPORT
(CONTINUED)

GOOD RETAIL PRACTICES

Good Retail Practices are preventative measures to control the addition of pathogens, chemicals and physical objects into foods.
OUT= Not in Compliance; COS=Corrected On-site; For "Repeat" Violation: Mark "R" in OUT Box

	SAFE FOOD AND WATER / PROTECTION FROM CONTAMINATION	OUT	COS
25	Hot and cold water available; adequate pressure.	☐	☐
26	Food properly labeled, original container.	☐	☐
27	Food protected from potential contamination during preparation, storage, display.	☐	☐
28	Utensils, spatulas, tongs, forks, disposable gloves provided and used properly to restrict bare hand contact.	☐	☐
29	Raw fruits and vegetables washed prior to serving.	☐	☐
30	Wiping cloths properly used and stored.	☐	☐
31	Toxic substances properly identified, stored and used.	☐	☐
32	Presence of insects/rodents minimized: outer openings protected, animals as allowed.	☐	☐
33	Personal cleanliness (fingernails, jewelry, outer clothing, hair restraint).	☐	☐
	FOOD TEMPERATURE CONTROL	**OUT**	**COS**
34	Food temperature measuring devices provided and calibrated.	☐	☐
35	Thin-probed temperature measuring device provided for monitoring thin foods (i.e. meat patties and fish filets).	☐	☐
36	Frozen foods maintained completely frozen.	☐	☐
37	Frozen foods properly thawed.	☐	☐
38	Plant food for hot holding properly cooked to at least 135°F.	☐	☐
39	Methods for rapidly cooling PHFs are properly conducted and equipment is adequate.	☐	☐
	EQUIPMENT, UTENSILS AND LINENS	**OUT**	**COS**
40	Materials, construction, repair, design, capacity, location, installation, maintenance.	☐	☐
41	Equipment temperature measuring devices provided (refrigeration units, etc).	☐	☐
42	In-use utensils properly stored.	☐	☐
43	Utensils, single service items, equipment, linens properly stored, dried and handled.	☐	☐
44	Food and non-food contact surfaces properly constructed, cleanable, used.	☐	☐
45	Proper warewashing facilities installed, maintained, cleaned, used; sanitizer test strips available, used.	☐	☐
	PHYSICAL FACILITIES	**OUT**	**COS**
46	Plumbing system properly installed; safe and in good repair; no potential backflow or backsiphonage conditions.	☐	☐
47	Sewage and waste water properly disposed.	☐	☐
48	Toilet facilities are adequate, properly constructed, properly maintained, supplied and cleaned.	☐	☐
49	Design, construction, installation and maintenance proper-floors/walls/ceilings.	☐	☐
50	Adequate ventilation; lighting; designated areas used.	☐	☐
51	Premises maintained free of litter, unnecessary articles, cleaning and maintenance equipment properly stored; and garbage and refuse properly maintained.	☐	☐
52	All required signs (handwashing, inspection placard, etc) provided and conspicuously posted.	☐	☐

Item #	NJAC 8:24	**REMARKS** *("R" = Repeat violation from previous inspection)*
		All units reached ideal temp, glass case 33 F Thermometers provided for all cold holding, freezers at or below 0 F Probed thermometer purchased by PIC, confirmed calibrated via ice water Coolers available for cold holding, PIC notified must ensure sufficient amount of ice in coolers to hold approx. 40 F QAC 150 ppm, warm water in supply Gloves in supply Mop sink provided, appliances/layout appear to exactly match proposed floor plan All paperwork emailed directly Permitted to open if all township approvals/inspections complete

Name of Inspecting Official	Signature of Inspecting Official	Name and Title of Person Receiving Copy of Report
Zarin Hussain	Hussain, Zarin Digitally signed by Hussain, Zarin Date: 2026.10.16 11:14:43 -04'00'	

Item #	NJAC 8:24	REMARKS CONTINUED

Name of Inspecting Official	Signature of Inspecting Official	Name and Title of Person Receiving Copy of Report