Monmouth County Office of Public Health
3000 Kozloski Rd.
Freehold, NJ 07728
(732) 431-7456

RETAIL FOOD INSPECTION REPORT

Activity Type	Evaluation
Initial	Satisfactory

[redacted]	Trade Name	Reinspection on or After:
	Flames	

Establishment Location (Street Address)	City	Zip Code	County	Co/Mun Code
1000 Main St	Belmar	07719	Monmouth	1306

[redacted]

Name of Inspecting Official	REHS Lic. #	Name of Health Officer	Risk Type	License No.
Rebecca Berzins	B-182595	Enrico Cabredo	2	

TIME/ACTIVITY REPORT *(Codes: 1-Travel, 2-Inspection, 3-Administration)*

Date	Code	Began	Ended	Date	Code	Began	Ended	Date	Code	Began	Ended
10/22/2026											

FOODBORNE ILLNESS RISK FACTORS AND INTERVENTIONS

RISK FACTORS are improper practices identified as the most common factors resulting in foodborne illness (FBI). **INTERVENTIONS** are control measures to prevent FBI

Mark "X" in appropriate Box: IN=In Compliance; OUT=Not in Compliance; NO=Not Observed; NA=Not Applicable; COS=Corrected On-site. R in OUT Box=Repeat Violation.

	MANAGEMENT AND PERSONNEL	IN	OUT	N.O.	N/A	COS
1	PIC demonstrates knowledge of food safety principles pertaining to this operation.	✔		-----	-----	-----
2	PIC in Risk Level 3 Retail Food Establishments is certified by *January 2, 2010.*			-----	✔	-----
3	Ill or injured foodworkers restricted or excluded as required.			✔	-----	
	PREVENTING CONTAMINATION FROM HANDS	**IN**	**OUT**	**N.O.**	**N/A**	**COS**
4	Handwashing conducted in a timely manner; prior to work, after using restroom, etc.			✔		
5	Handwashing proper; duration at least 20 seconds with at least 10 seconds of vigorous lathering.			✔	-----	
6	Handwashing facilities provided in toilet rooms and prep areas; convenient, accessible, unobstructed.		☒	-----	-----	
7	Handwashing facilities provided with warm water; soap and acceptable hand-drying method.		☒	-----	-----	✔
8	Direct bare hand contact with exposed, ready-to-eat foods is avoided.	✔				
	FOOD SOURCE	**IN**	**OUT**	**N.O.**	**N/A**	**COS**
9	All foods, including ice and water, from approved sources; with proper records	✔		-----	-----	
10	Shellfish/Seafood record keeping procedures; storage; proper handling; parasite destruction				✔	
11	PHFs received at 41°F or below. *Except: milk, shell eggs and shellfish (45°F)*			✔		
	FOOD PROTECTED FROM CONTAMINATION	**IN**	**OUT**	**N.O.**	**N/A**	**COS**
12	Proper separation of raw meats and raw eggs from ready-to-eat foods provided	✔		-----		
13	Food protected from contamination	✔		-----	-----	
14	Food contact surfaces properly cleaned and sanitized			✔		
	PHFs TIME/TEMPERATURE CONTROLS	**IN**	**OUT**	**N.O.**	**N/A**	**COS**
15	**SAFE COOKING TEMPERATURES** (Internal temperatures for raw animal foods for 15 seconds) *Except: Foods may be served raw or* undercooked in response to a consumer order and for immediate service. **130°F** *for 112 minutes*: Roasts or as per cooking chart found under 3.4(a)2; **145°F**: Fish, Meat, Pork; **155°F**: Ground Meat/Fish; Injected Meats; or Pooled Shell Eggs; **165°F**: Poultry; Stuffed fish/meat/or pasta; Stuffing containing fish/meat.			✔		
16	**PASTEURIZED EGGS**: substituted for shell eggs in raw or undercooked egg-containing foods, i.e. Caesar salad dressing, hollandaise sauce, tiramisu, chocolate mousse, meringue, etc.			✔		
17	**COLD HOLDING**: PHFs maintained at "Refrigeration Temperatures" (41°F)		☒			
18	**COOLING**: PHFs rapidly cooled from 135°F to 41°F within 6 hours and from 135°F to 70°F within 2 hours.			✔		
19	**COOLING**: PHFs prepared from ingredients at ambient temperature cooled to 41°F within 4 hours.			✔		
20	**REHEATING**: PHFs rapidly reheated (within 2 hours) in proper facilities to at least 165°F; or commercially processed PHFs heated to at least 135°F prior to hot holding.			✔		
21	**HOT HOLDING**: PHFs Hot Held at 135°F or above in appropriate equipment.	✔				
22	**TIME as a PUBLIC HEALTH CONTROL**: Approval; written procedures; time marked; discarded in 4 hours.				✔	
23	**SPECIALIZED PROCESSING METHODS**: Approval; written procedures; conducted properly.				✔	
24	**HIGHLY SUSCEPTIBLE POPULATIONS**: Pasteurized foods used; prohibited foods not offered.			-----	✔	

RETAIL FOOD INSPECTION REPORT
(CONTINUED)

GOOD RETAIL PRACTICES

Good Retail Practices are preventative measures to control the addition of pathogens, chemicals and physical objects into foods.
OUT= Not in Compliance; COS=Corrected On-site; For "Repeat" Violation: Mark "R" in OUT Box

	SAFE FOOD AND WATER / PROTECTION FROM CONTAMINATION	OUT	COS
25	Hot and cold water available; adequate pressure.	☐	☐
26	Food properly labeled, original container.	☐	☐
27	Food protected from potential contamination during preparation, storage, display.	☐	☐
28	Utensils, spatulas, tongs, forks, disposable gloves provided and used properly to restrict bare hand contact.	☐	☐
29	Raw fruits and vegetables washed prior to serving.	☐	☐
30	Wiping cloths properly used and stored.	☐	☐
31	Toxic substances properly identified, stored and used.	☐	☐
32	Presence of insects/rodents minimized: outer openings protected, animals as allowed.	☒	☐
33	Personal cleanliness (fingernails, jewelry, outer clothing, hair restraint).	☐	☐
	FOOD TEMPERATURE CONTROL	**OUT**	**COS**
34	Food temperature measuring devices provided and calibrated.	☐	☐
35	Thin-probed temperature measuring device provided for monitoring thin foods (i.e. meat patties and fish filets).	☐	☐
36	Frozen foods maintained completely frozen.	☐	☐
37	Frozen foods properly thawed.	☐	☐
38	Plant food for hot holding properly cooked to at least 135°F.	☐	☐
39	Methods for rapidly cooling PHFs are properly conducted and equipment is adequate.	☐	☐
	EQUIPMENT, UTENSILS AND LINENS	**OUT**	**COS**
40	Materials, construction, repair, design, capacity, location, installation, maintenance.	☐	☐
41	Equipment temperature measuring devices provided (refrigeration units, etc).	☐	☐
42	In-use utensils properly stored.	☒	☒
43	Utensils, single service items, equipment, linens properly stored, dried and handled.	☐	☐
44	Food and non-food contact surfaces properly constructed, cleanable, used.	☐	☐
45	Proper warewashing facilities installed, maintained, cleaned, used; sanitizer test strips available, used.	☐	☐
	PHYSICAL FACILITIES	**OUT**	**COS**
46	Plumbing system properly installed; safe and in good repair; no potential backflow or backsiphonage conditions.	☐	☐
47	Sewage and waste water properly disposed.	☐	☐
48	Toilet facilities are adequate, properly constructed, properly maintained, supplied and cleaned.	☐	☐
49	Design, construction, installation and maintenance proper-floors/walls/ceilings.	☐	☐
50	Adequate ventilation; lighting; designated areas used.	☐	☐
51	Premises maintained free of litter, unnecessary articles, cleaning and maintenance equipment properly stored; and garbage and refuse properly maintained.	☐	☐
52	All required signs (handwashing, inspection placard, etc) provided and conspicuously posted.	☐	☐

Item #	NJAC 8:24	REMARKS *("R" = Repeat violation from previous inspection)*
6	6.7(n,o)	Hand sink obstructed, used for other purposes: - Hand sink at entrance to kitchen obstructed by table and trash cans; draining pan and spoon in sink - COS - trash can and table moved to make sink accessible, pan and spoon removed
7	6.7(i,j)	Soap and/or paper towels not provided at multiple hand sinks. - COS - Soap and/or paper towels placed at sinks.
17	3.5(f)2	PHFs not maintained at refrigeration temperatures: - Under counter cooler at salad prep station ambient air 50F; PIC removed all food items and cleaned condenser - Ambient air temperature after cleaning condenser 36F
32	6.2(k)	Insect presence not controlled: - Multiple live adult roaches observed on wall by hand sink and dishwasher, roaches of all life stages in glue traps - Act Fast Pest Control services every 1-2 months, last treatment 10/8/2026
42	3.3(k)	Ice scoop stored in ice by soda machine; handle touching ice. - COS - scoop removed

Name of Inspecting Official	Signature of Inspecting Official	Name and Title of Person Receiving Copy of Report
Rebecca Berzins		

Item #	NJAC 8:24	REMARKS CONTINUED
	NOTES:	

All food cooked and served same-day; leftovers discarded at the end of service.
All other refrigerators maintain proper temperatures:
- Milk cooler at coffee bar ambient air 38F
- Valyr reach ins (2) ambient air 41F, 39F
- Marlo under counter ambient air 38F
- Bain marie ambient air 36F
- Traulsen ambient air 39F
- Walk in ambient air 36F

Hot food maintained at 135F or above:
- Soup 187F
- Meatballs 168F

High temperature dishwasher properly sanitizing; 168.8F plate temp.
Wiping cloths stored in sanitizer solution; 200 ppm QAC.
Seafood, beef, and desserts stored in separate freezers.

Name of Inspecting Official	Signature of Inspecting Official	Name and Title of Person Receiving Copy of Report
Rebecca Berzins	Berzins, Rebecca Digitally signed by Berzins, Rebecca Date: 2026.10.22 17:31:02 -04'00'	